**FALL 2013** 

## Murray Aquatic Club



The Murray Aquatics Club "MAC" is a competitive USA Swimming team for youth ages 5-18. Team practices are held 5 days a week. To join MAC, swimmers must have completed swim lessons or given the Head Coach's approval after evaluation of swimming skills. To participate in practices and compete in swim meets, all swimmers must become a member of USA Swimming. New members of MAC are recommended to join Pre-MAC. All swimmers are expected to attend swim meets. Swimmers are expected to attend practice:

MAC (5x per week), Pre-MAC (+3x per week)

Head Coach: Ari Romo

Asst. Coaches: Jed Knight, Tyler Nielson, Kelsey Smeding

Ages 5 - 18

Days Monday - Friday

Times MAC 4:30 – 6:00PM Pre-MAC 4:30 – 5:30PM Cost Resident/Non Res.

Monthly

MAC \$40/\$45 Pre-MAC \$35/\$40

Seasonal(Sept-Nov)
MAC \$105/\$120

\$90/\$105

Annual (Sept-July)
MAC \$360

Pre-MAC

**USA** Swimming = \$75/yr.

Participants Name:			
Address:	<u> </u>		
Parent/Guardian:	Phone:		
Email Address:			
Emergency Contact:	Phone:		
Does the participant have any physical limitations?	No Yes		
If yes, please explain:			
I have received and signed the concussion policy:	Yes No		
LIABILITY RELEASE AND PERMISSION TO PARTICIPATE In consideration of the acceptance of my application for the above activity, I hereby waive, release, and discharge any and all claims for damages, for death, personal injury, or property damage which my child may have, or which may hereafter accrue as a result of participation in said event. It is understood that some recreational activities involve an element of risk or danger of accidents, and knowing those risks, I hereby assume those risks. It is further understood and agreed that this waiver, release and assumption of risk is to be binding on my heirs and assigns. I have read and understood the forgoing registration, liability release and agree to all of their terms and conditions.			
Parent/Guardian Signature	Date		





For Practices, Meets and More Info. Visit www.murrayaquaticclub.com

The Park Center 202 E. Murray Park Ave. (801)284-4200 www.murray.utah.gov

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